

**Girl Guides Singapore**  
**Brownies 5-Point Programme**



**Enrolment Clauses**

<b>Tweenies need to complete the following before they can be enrolled.</b>	
	The Brownie Promise
	The Brownie Law
	The Motto
	The Good Turn
	The Salute
	The Sign
	The Left Handshake
	The Grand Salute
	The Brownie Smile
	The Brownie Ring
	The Pow-Wow Ring
	Brownie Enrolment Badge
	The Brownie Uniform
	Know how to wear the Uniform and fold the scarf
	Tie a reef knot and know its uses
	Read our own Brownie story and at least two other Brownie stories of another country

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Module & Clause		Learning Objectives	Online Activities	Resources/Badges	Assessment
PERSONAL & SOCIAL DEVELOPMENT	Module 1: Physical Development	<b>1.1 Maintaining Good Health and Hygiene</b> <ul style="list-style-type: none"> <li>The importance of good health and hygiene</li> </ul>	<ul style="list-style-type: none"> <li>Know the importance of good health and hygiene</li> <li>Know 7 steps of handwashing technique</li> </ul>	<ul style="list-style-type: none"> <li>Dental Care</li> </ul>	3 MCQ Questions
		<b>1.2 Eating a Balanced Diet</b> <ul style="list-style-type: none"> <li>The importance of a balanced diet</li> </ul>	<ul style="list-style-type: none"> <li>Know the importance of a balanced diet</li> </ul>	<ul style="list-style-type: none"> <li>Cook</li> </ul>	3 MCQ Questions and <u>Graded Assignment</u> : <ul style="list-style-type: none"> <li>Upload a file:</li> </ul> Keep track of the food you eat for 1 week and reflect on how you can improve on having a balanced meal.
		<b>1.3 Having a Healthy Body and Mind</b> <ul style="list-style-type: none"> <li>Keeping our body healthy</li> <li>Keeping our mind healthy</li> </ul>	<ul style="list-style-type: none"> <li>Know the importance of a balanced body &amp; mind</li> <li>Know how to manage stress</li> </ul>	<ul style="list-style-type: none"> <li>Athlete</li> <li>Collector</li> <li>Cyclist</li> <li>Proficient Reader</li> <li>Skater</li> <li>Swimmer</li> <li>Thrift</li> <li>Writer</li> </ul>	3 MCQ Questions and <u>Graded Assignment</u> : <ul style="list-style-type: none"> <li>Upload a file:</li> </ul> Keep track of the hours you sleep for 1 week and reflect on how you feel after waking up daily.
		<b>1.4 Let's Keep Ourselves Clean</b> <ul style="list-style-type: none"> <li>The importance of good health and hygiene</li> <li>The importance of good sleep and relaxation</li> </ul>	<ul style="list-style-type: none"> <li>Be able to discuss the importance of sleep, relaxation, cleanliness and care of body</li> </ul>	<ul style="list-style-type: none"> <li>Dental Care</li> </ul>	3 MCQ Questions
		<b>Reflection</b> <ul style="list-style-type: none"> <li>What is your daily good habit that you do and what would you like to improve on your physical development?</li> </ul>			
	2.1	<b>Make First Impressions Count</b> <ul style="list-style-type: none"> <li>Courteous Behaviour</li> <li>How to act when meeting people for the first time</li> </ul>	<ul style="list-style-type: none"> <li>Behave appropriately at all times when meeting people for the first time</li> </ul>		3 MCQ Questions

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	Module 2: Emotional Development	2.2	<b>Courteous and Considerate Me</b> <ul style="list-style-type: none"> <li>Courteous Behaviour</li> <li>Showing good manners to family members at home and friends who visit your home</li> </ul>	<ul style="list-style-type: none"> <li>Behave appropriately at all times with family members and friends</li> </ul>	<ul style="list-style-type: none"> <li>Hostess</li> </ul>	3 MCQ Questions
		2.3	<b>Be a Great Friend</b> <ul style="list-style-type: none"> <li>Friendship</li> <li>How to be a good friend to others</li> </ul>	<ul style="list-style-type: none"> <li>Maintain a healthy friendship</li> </ul>		3 MCQ Questions and <u>Graded Assignment</u> : <ul style="list-style-type: none"> <li>Upload a file:</li> </ul> Share with your six or pack about a good friend that you have.  and 1 True/False question
		Reflection	How do you cope with your stress and fluctuating emotions?			
	Module 3: Social Development	3.1	<b>Explore the Arts</b> <ul style="list-style-type: none"> <li>The Arts</li> <li>Different examples of the arts</li> </ul>	<ul style="list-style-type: none"> <li>Know what 'The Arts' mean</li> <li>Know of some examples of 'The Arts'</li> </ul>	<ul style="list-style-type: none"> <li>Dancer</li> <li>Entertainer</li> <li>Music Lover</li> <li>Singer</li> <li>Songwriter</li> </ul>	3 MCQ Questions and <u>Graded Assignment</u> : <ul style="list-style-type: none"> <li>Upload a file:</li> </ul> Create one short poem using inspiration from your environment.
		3.2	<b>Creative You</b> <ul style="list-style-type: none"> <li>Arts and Creativity</li> <li>How to get involved in the arts and be more creative</li> </ul>	<ul style="list-style-type: none"> <li>Different types of craft (e.g., Needlecraft)</li> <li>Different types of instruments and the sound it generates</li> <li>Creative way to make music</li> <li>Different types of dances</li> <li>Poems and Stories</li> <li>Drama</li> </ul>	<ul style="list-style-type: none"> <li>Artist</li> <li>Collector</li> <li>Craft</li> <li>Knitter</li> <li>Needlework</li> <li>Toy Maker</li> <li>Writer</li> </ul>	2 MCQ Questions and <u>Graded Assignment</u> : <ul style="list-style-type: none"> <li>Upload a file:</li> </ul> Create a craft using recycled materials and describe how to make them.
		Reflection	If you are chosen to perform on stage, which art form would you pick?			

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Module & Clause		Learning Objectives	Online Activities	Resources/Badges	Assessment	
HOME	Module 1: Home Duties	1.1	<b>Little Housekeepers</b> <ul style="list-style-type: none"><li>How to cook</li><li>How to clean</li></ul>	Know how to cook, clean and tidy up <ul style="list-style-type: none"><li>Cook a simple one-dish meal (Fry egg, cook maggi or rice) for two, serve</li><li>Lay a table for a main meal, wash up and clear away afterwards</li></ul>	<ul style="list-style-type: none"><li>Cook</li></ul>	2 MCQ Questions
		1.2	<b>Care for Clothes</b> <ul style="list-style-type: none"><li>How to wash and iron</li><li>How to sew buttons</li><li>Clothes care label symbols</li></ul>	<ul style="list-style-type: none"><li>Wash and Iron a garment</li><li>Wash Brownies uniform, iron Brownie scarf &amp; uniform, sew buttons</li><li>Explain what clothes-care symbols mean</li></ul>	<ul style="list-style-type: none"><li>Knitter</li><li>Needlework</li></ul>	2 MCQ Questions and <u>Graded Assignment</u> : <ul style="list-style-type: none"><li>Upload a file:</li></ul> Demonstrate how you would fold some of your clothes (e.g., t-shirts, shorts, and Brownie Uniform).
		1.3	<b>Keep the Home Clean and Tidy</b> <ul style="list-style-type: none"><li>How to fold clothes</li><li>How to tidy the house</li><li>How to clean shoes</li><li>How to recycle items</li></ul>	<ul style="list-style-type: none"><li>Learn how to hang and fold clothes</li><li>Learn how to make the bed</li><li>Learn how to tidy the house</li><li>Learn how to clean the shoes.</li><li>Learn how to recycle items at home</li></ul>	<ul style="list-style-type: none"><li>Environmentalist</li><li>House Orderly</li><li>Toy Maker</li></ul>	2 MCQ Questions  and 1 True/False question
		Reflection	How do you plan to keep your house tidy at all times? Share 2 tips.			

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Module 2: Home Safety	2.1	<b>Home Safety</b> <ul style="list-style-type: none"><li>Safety rules in the home</li></ul>	<ul style="list-style-type: none"><li>Learn about safety rules at home relating to electric plugs, stoves, sharp and hard objects.</li><li>Learn about fire safety and reacting in a fire emergency.</li><li>Learning about safety in using elevated objects e.g., bunk beds, stools, ladders at home.</li><li>Learn about what to do when facing strangers.</li></ul>	<ul style="list-style-type: none"><li>Toy Maker</li></ul>	3 MCQ Questions
	2.2	<b>My First Aid Kit</b> <ul style="list-style-type: none"><li>How to prepare a simple first aid kit for home</li></ul>	<ul style="list-style-type: none"><li>Know how to prepare a simple first aid kit for home.</li><li>Take note of expiry dates of medication and items in first aid box.</li></ul>	<ul style="list-style-type: none"><li>First Aider</li></ul>	2 MCQ Questions
	2.3	<b>Basic First-Aid</b> <ul style="list-style-type: none"><li>How to give basic first aid</li></ul>	<ul style="list-style-type: none"><li>Know how to give basic first aid e.g., for cuts, burns, making a sling, etc.</li></ul>	<ul style="list-style-type: none"><li>First Aider</li></ul>	2 MCQ Questions and <u>Graded Assignment</u> : <ul style="list-style-type: none"><li>Upload a file:</li></ul> Demonstrate how to treat two types of injuries.
	2.4	<b>Taking Care of Sick People</b> <ul style="list-style-type: none"><li>How to take care of someone who is sick at home</li></ul>	<ul style="list-style-type: none"><li>Know how to take care of person who is sick at home</li></ul>		2 MCQ Questions and 1 True/False question
	Reflection	What are 3 useful personal safety tips that you will share?			

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COMMUNITY	Module & Clause		Learning Objectives	Online Activities	Resources/Badges	Assessment
	Module 1: Know More About Singapore	1.1	<b>My Country</b> <ul style="list-style-type: none"> <li>Our past and present leaders</li> </ul>	<ul style="list-style-type: none"> <li>Know our past and present leaders</li> </ul>		2 MCQ Questions
		1.2	<b>Our National Anthem</b> <ul style="list-style-type: none"> <li>Our National Anthem</li> </ul>	<ul style="list-style-type: none"> <li>Know the meaning of the National Anthem and sing it properly</li> <li>State the meaning of the colours and the make-up of the Singapore flag</li> </ul>		3 MCQ Questions
		1.3	<b>The National Pledge</b> <ul style="list-style-type: none"> <li>The National Pledge</li> </ul>	<ul style="list-style-type: none"> <li>Know the meaning of the words in the National Pledge and say it properly</li> <li>Know about different races, their religions, and cultures (e.g., food)</li> <li>Know the meaning of democracy</li> </ul>		<u>Graded Assignment</u> <ul style="list-style-type: none"> <li>Upload a file: Appreciating Singapore's Racial Diversity</li> </ul> <p>Write a short essay (max 100 words) on the above topic.</p>
		Reflection	What are the 3 ways you will help to serve others in your community?			
COMMUNITY	Module 2: My Neighbourhood	2.1	<b>Know My Neighbourhood</b> <ul style="list-style-type: none"> <li>Interesting observations of neighbourhood</li> <li>Amenities in the neighbourhood</li> </ul>	<ul style="list-style-type: none"> <li>Know my Neighbourhood Share some interesting observations of their own neighbourhood such as the name of the place, the origin of the name, the history of the place</li> <li>Name the following amenities in the neighbourhood:               <ol style="list-style-type: none"> <li>nearest Bus Interchange</li> <li>nearest MRT station</li> <li>nearest mall/supermarket/hypermarket</li> </ol> </li> </ul>	<ul style="list-style-type: none"> <li>Pathfinder</li> </ul>	2 MCQ Questions and <u>Graded Assignment</u> : <ul style="list-style-type: none"> <li>Upload a file:</li> </ul> <p>Share at least 2 interesting facts of your neighbourhood</p>

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		2.2	<b>Road Safety</b> <ul style="list-style-type: none"> <li>• Pedestrian Safety</li> <li>• Bicycle Safety</li> <li>• Public Transport Safety</li> </ul>	<ul style="list-style-type: none"> <li>• Know the road safety measures to take</li> <li>• Pedestrian safety, bicycle safety, safety when riding and exiting a bus</li> </ul>	<ul style="list-style-type: none"> <li>• Road Safety</li> </ul>	3 MCQ Questions
		Reflection	What do you love best about Singapore as a country?			
Module 3: Emergency Preparedness		3.1	<b>Recognising Danger in Public Places</b> <ul style="list-style-type: none"> <li>• How to recognise danger in public places</li> <li>• How to stay alert</li> </ul>	<ul style="list-style-type: none"> <li>• Understand that public places (e.g., Parks, Public Transport, Shopping Malls and Food Centre) might be dangerous</li> <li>• Recognising danger by staying vigilant</li> <li>• Channels to use to report suspicious activity</li> </ul>	<ul style="list-style-type: none"> <li>• Safety in the Community</li> </ul>	2 MCQ Questions
		3.2	<b>Emergency Numbers</b> <ul style="list-style-type: none"> <li>• How to make an emergency call</li> <li>• Make a list of emergency call numbers</li> </ul>	<ul style="list-style-type: none"> <li>• Know who to call during which emergencies</li> <li>• Keep of list of numbers to call for emergencies</li> </ul>	<ul style="list-style-type: none"> <li>• Safety in the Community</li> </ul>	2 MCQ Questions
		3.3	<b>Wheel to Safety</b> <ul style="list-style-type: none"> <li>• How to manoeuvre and operate a wheelchair in an emergency situation</li> </ul>	<ul style="list-style-type: none"> <li>• Learn how to manoeuvre a wheelchair</li> </ul>		2 MCQ Questions and <u>Graded Assignment</u> : <ul style="list-style-type: none"> <li>• Upload a file:</li> </ul> Demonstrate how to use a wheelchair in a safe manner.
		Reflection	What are some safe practices that you would follow when using public transport in Singapore?			and 1 True/False question

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OUTDOORS	Module & Clause		Learning Objectives	Online Activities	Resources/Badges	Assessment
	Module 1: Discovering Nature	1.1	<b>Wonders of Nature</b> <ul style="list-style-type: none"> <li>Wonders of Nature</li> <li>Going on an Outdoor Trail</li> </ul>	Appreciating the Nature <ul style="list-style-type: none"> <li>Go on an outdoor trail or a park visit as a pack or as an interunit activity.</li> <li>Identify 3 local birds, or 3 local flowers or plants or trees.</li> </ul>	<ul style="list-style-type: none"> <li>Gardener</li> <li>Observer</li> <li>Pet Lover</li> <li>Pony Rider</li> </ul>	3 MCQ Questions
		1.2	<b>Be Part of a Brownie Revel</b> <ul style="list-style-type: none"> <li>Brownie Revels</li> </ul>	<ul style="list-style-type: none"> <li>Participate in at least one Brownie Revel</li> <li>A Brownie Revel can be conducted at interunit / division / national level. At the revel, Brownies get together to have fun-based activities in an outdoor setting.</li> </ul>		3 MCQ Questions
		1.3	<b>Go for a Pack Holiday</b> <ul style="list-style-type: none"> <li>Pack Holidays</li> </ul>	<ul style="list-style-type: none"> <li>Know what is a Pack Holiday</li> <li>Know where to stay for a Pack Holiday</li> <li>Know what you would do at a Pack Holiday</li> </ul>		3 MCQ Questions and and 1 True/False question
		Reflection	What kind of outdoor activity or excursion did you enjoy the most with your pack?			
	Module 2: A Green World	2.1	<b>A Green World</b> <ul style="list-style-type: none"> <li>Keep the environment clean and green</li> </ul>	As a Pack/ Six, create a conservation pledge and carry out a conservation project for at least 2 weeks. Example: <ul style="list-style-type: none"> <li>Earth Pledge</li> <li>3R project</li> <li>Zero-waste challenge</li> <li>Save Electricity</li> <li>Water conservation</li> </ul>	<ul style="list-style-type: none"> <li>Environmentalism</li> </ul>	3 MCQ Questions
		Reflection	What type of green or conservation project will you want to participate in with your pack?			

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		Module & Clause	Learning Objectives	Online Activities	Resources/Badges	Assessment
INTERNATIONAL	Module 1: My Globe	1.1	<b>Getting to know ASEAN and its members</b> <ul style="list-style-type: none"> <li>ASEAN</li> <li>Member countries of ASEAN</li> </ul>	<ul style="list-style-type: none"> <li>Know the ASEAN countries and their national symbols</li> </ul>		2 MCQ Questions
		1.2	<b>Exploring Current Events in ASEAN</b> <ul style="list-style-type: none"> <li>World Environment Day</li> <li>Current Events in ASEAN</li> </ul>	<ul style="list-style-type: none"> <li>Show knowledge of at least one ASEAN country: its culture, national/ traditional attire, language, food and a place of interest.</li> </ul>		2 MCQ Questions and <u>Graded Assignment</u> : <ul style="list-style-type: none"> <li>Upload a file:</li> </ul> Share about a current event in ASEAN with your six or pack.
		Reflection	What are 2 things that you have learnt about Singapore and ASEAN countries?			
	Module 2: My Guiding World	2.1	<b>Thinking about World Thinking Day</b> <ul style="list-style-type: none"> <li>The World Thinking Day</li> <li>The Significance of World Thinking Day Pennies</li> </ul>	<ul style="list-style-type: none"> <li>Know the purpose of commemorating World Thinking Day and World Thinking Day pennies</li> </ul>	<a href="https://www.wagggs.org/en/what-we-do/world-thinking-day/history/">https://www.wagggs.org/en/what-we-do/world-thinking-day/history/</a>	<u>Graded Assignment</u> : <ul style="list-style-type: none"> <li>Upload a file:</li> </ul> How would you go about raising funds in your community for World Thinking Day?  Maximum 100 words           Prepare a poster/write up to share your suggestions.
		2.2	<b>Exploring the World Trefoil and Flag</b> <ul style="list-style-type: none"> <li>The World Trefoil and Flag</li> <li>The meaning of the trefoil and each part of the World Flag</li> </ul>	<ul style="list-style-type: none"> <li>Know the World Flag</li> </ul>	<a href="https://www.wagggs.org/en/about-us/who-we-are/symbols-movement/">https://www.wagggs.org/en/about-us/who-we-are/symbols-movement/</a>	3 MCQ Questions
		2.3	<b>World Song</b> <ul style="list-style-type: none"> <li>The World Song</li> <li>How to sing the first verse of the song</li> </ul>	<ul style="list-style-type: none"> <li>Be able to sing at least the first verse of the World song</li> </ul>	-	1 MCQ Question

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Module 3: My Guiding Friend	2.4	<b>Discovering Our World Centres</b> <ul style="list-style-type: none"> <li>World Centres</li> <li>The location of World Centres and their logos</li> </ul>	<ul style="list-style-type: none"> <li>Know the names of the five World Centres, their location and logo</li> <li>Show knowledge of at least 1 World Centre</li> </ul>	<a href="https://www.waggs.org/en/our-world/world-centres/">https://www.waggs.org/en/our-world/world-centres/</a> <ul style="list-style-type: none"> <li>World Brownie Friendship</li> </ul>	2 MCQ Questions and <u>Graded Assignment</u> : <ul style="list-style-type: none"> <li>Upload a file:</li> </ul> <p>What are some activities held in our World Centres?</p> <p>Go online and find out what are some types of events/activities offered at the World Centres.</p> <p>Share the information with your fellow Guides in an appropriate manner. You may make a poster, PowerPoint, etc.</p>
	Reflection	Which world centre would you like to visit and why?			
	3.1	<b>Brownies Around the World</b> <ul style="list-style-type: none"> <li>Member Countries of WAGGGS</li> <li>5 Member Countries of WAGGGS' Promise, Uniform and Logo</li> </ul>	<ul style="list-style-type: none"> <li>Know what is WAGGGS</li> <li>Know the 5 regions and the countries in the regions (and explore 5 countries from these regions)</li> </ul>	<ul style="list-style-type: none"> <li>World Brownie Friendship</li> </ul>	1 MCQ Question and <u>Graded Assignment</u> : <ul style="list-style-type: none"> <li>Upload a file:</li> </ul> <p>Submit a write-up comparing any 3 WAGGGS countries in a particular region (E.g. France, Greece and Austria in WAGGGS – Europe). You may use a table, drawings etc. You may compare the countries based on: Guide Law, Uniform, Logo.</p>

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	3.2	<b>Let's Read and Play</b> <ul style="list-style-type: none"> <li>Brownie Stories</li> <li>Traditional Games from Around the World</li> </ul>	<ul style="list-style-type: none"> <li>Read the Centenary storybooks</li> <li>Read about Brownies and Guides around the world</li> <li>Learn about traditional games around the world</li> </ul>		<u>Graded Assignment:</u> <ul style="list-style-type: none"> <li>Upload a file:</li> </ul> <p>Time to explore!  Find out what Brownies and Guides from other countries are doing by visiting the site provided. Share 1 thing that you would like to do after reading the article. Why do you like this activity?</p>
	Reflection	Which aspect of Singapore would you like to share with a visiting Brownie?			

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