

Overview

As part of the Girl Guide Experience, every Guide is still expected to complete the Outdoor component in the 5-point program and have an experience in camping. Considering the current Covid-19 situation, the camping aspect can take place in a blended format.

Guidelines of a Blended Guide Camp

It is recommended that the Blended Guide Camp be 3 Days, 1 Night. The camp can consist of both face-to-face activities (where Covid measures allow) and activities conducted on a virtual platform.

The organising Camp Committee must include the following roles:

- Camp Commandant
- Assistant Camp Commandant
- Quartermistress
- Assistant Quartermistress
- First-Aider (preferably First-Aid Certified)
- Assistant First-Aider (preferably First-Aid Certified)

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Guidelines	Details
Overall Objectives of the Camp	 Camp should incorporate: elements of the Guiding Fundamentals (Guide Laws, Promise and Motto) elements of WAGGGS Leadership Mindset elements of Leave No Trace Principles
Patrol Activities	 Patrol Identity Patrol Duties (Orderlies, Cooks, Health, Wood and Water) Patrol Corner
Camp Activities	 Set Ceremonies – Colours Up and Down Kim's Game (virtual) Wide Game (virtual) Activity to incorporate the use of knots and lashing eg building gadgets at home Guides Own Campfire (with patrol performance) Daily Reflection and Debrief Face-to-Face activities (where Covid measures allow): Tent Pitching Firelighting & Axemanship Outdoor Cooking
Proficiency Badges that a girl can achieve during Camp	Hiker's Badge (Beginner)



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- Hike at least 5 km using the park connectors in your neighbourhood which links to a park in another neighbourhood. Eg Pasir Ris to Tampines Park connector, Punggol Waterway to Hougang.
- 2. List the personal equipment needed for the hike.
- 3. Pack a backpack with the list in (2) for the hike and show the way of waterproofing.
- 4. Keep a record of the planning and pictures of your hike.

Camper's Badge (Beginner)

- 1. Attend an outdoor camp for at least 2D1N and sleep in a tent throughout the camp.
- 2. Pack all necessary belongings (including a personal meal bag without disposable utensils and a shower bag) into a backpack for the camp.
- 3. Know how to:
 - 3.1 pitch, air and clean a tent
 - 3.2 strike and pack up a tent
- 4. Cook at least 1 meal during the camp (excluding breakfast and supper).
- 5. Keep a record of the 2D1N camp.

Girls can use the above camping guidelines to complete the Camping component in her core 5-Point Program.

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BROWNIES

Overview

As part of the Brownies Experience, every Brownie is strongly encouraged to participate in at least 1 Pack Holiday. Considering the current Covid-19 situation, the Pack Holiday aspect can take place in a blended format.

Guidelines of a Blended Pack Holiday

The Blended Pack Holiday must have programmes for at least 3 Days. The Pack Holiday can consist of both face-to-face activities (where Covid measures allow) and activities conducted on a virtual platform.

The Pack Holiday must consist of:

- A theme
- Briefing & Brownie Ring at the start of every morning,
- And end the day with a debrief and Brownie Bells.

The organising Pack Holiday Committee must include the following roles:

- Guider-in-Charge
- Quartermistress
- First-Aider (preferably First-Aid Certified)

Guidelines	Details
Overall Objectives of the Pack	Pack Holiday should incorporate:
Holiday	 elements of the Guiding Fundamentals
	(Brownie Law, Promise and Motto)
	 at least 1 - 2 elements of WAGGGS Leadership
	Model (6 Leadership Mindsets)
Six Activities	1. Six Identity
	2. Six Corner (Six Song aligned to the theme)
	3. Six Duties (House Orderlies, Cooks, Waitress)
Pack Holiday Activities	1. Set Ceremonies –
	a. Brownie Ring (in the morning as check-in)
	b. Brownie Bells
	2. Brownie Games (virtual)
	3. Craftwork
	4. Brownies' Own
	5. Pow-Wow
	6. Virtual Campfire (with Six performance)
	7. Daily Reflection and Debrief
	8. At least 1 Outdoor Activity
	9. At least 1 Proficiency Badge
	10. Homemaking Skills:
	a. Making their bed everyday



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- b. Help to wash the family toilet once
- c. Prepare at least 1 meal for themselves
- d. Washing up of dishes after meals
- e. Cleaning up after each activity

Face-to-Face recommended activities (where Covid measures allow):

- 1. Night activities
- 2. Group outings
- 3. Inter-Unit Challenge

Girls can use the above Pack Holiday guidelines to complete the component in her 5-Point Programme.

Guiders can also find a sample of the Pack Holiday resources here: <u>Virtual Pack Holiday</u> Resources.

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