





Updated Brownie Proficiency Badges:






5 Point Programme	Proficiency Badges			
Personal & Social Development	Artist Cyclist Hostess Skater Writer	Athlete Dancer Music Lover Songwriter	Collector Dental Care Proficient Reader Swimmer	Craft Entertainer Singer Thrift
Home	Cook Toy Maker	House Orderly	Knitter	Needlework
Outdoor	Environmentalist Pet Lover	Gardener Pony Rider	Observer	Pathfinder
Community	First Aider	Road Safety	Safety in the Community	
International	World Brownie Friendship			





Name changes to existing Badges:

5 Point Programme	Current	New
Personal & Social Development	Book Lover	Proficient Reader
	Dental Health	Dental Care
	Musician	Songwriter
Home	Safety in the Home	-
Outdoor	Animal Lover	Pet Lover
Community	-	Safety in the Community






5-Point	Badges	Revised Recommendations (UD 05 Jan 2021)
Personal & Social Development	Artist 	<ol style="list-style-type: none"> Art Creation: <ol style="list-style-type: none"> Know the primary colours, and how to mix them to make other colours. Create an original 2D or 3D artwork using primary colours. Art Appreciation: <ol style="list-style-type: none"> Go to an art show or museum. Find three paintings or art pieces that stood out to you. Take a photo or video of it* and share with your Pack about: <ol style="list-style-type: none"> What was the artist trying to portray. Why did you choose the art piece. What do you like about it/ how does it relates to you. <p>*Do obtain permission before doing so.</p>
Personal & Social Development	Athlete 	<ol style="list-style-type: none"> Plan a 30-minute daily exercise routine for a month using the chart provided: <ol style="list-style-type: none"> State the exercise/activity. State the duration for each exercise/activity. Lead the Pack/Six in stretching exercises and/or invasion sports games. (https://kidactivities.net/7-fun-invasion-games-for-gym-class/) Be able to explain what to do before and after exercising, e.g.: do warm-ups, drink sufficient water, etc. Attain at least a Bronze in the NAPFA test*. <p>Note: Brownies who are exempted from NAPFA may be exempted from Clause 3</p>
Personal & Social Development	Collector 	<ol style="list-style-type: none"> Make an interesting, well-organised collection of specimens in connection with your hobby or interest, e.g.: stamps, postmarks, stickers, fun patches, coins, shells, etc. <ol style="list-style-type: none"> A well-organised collection should be placed/kept neatly. Be able to tell the tester/Pack/Six something about your collection. The tester could determine if you qualify based on the following: <ol style="list-style-type: none"> Presentation of collection (if the collection is too large to be brought to school, photos/video of the collection, together with a part of the collection, should be shown to the tester). <ol style="list-style-type: none"> Number and variety of specimens. Arrangement. Sharing about collection; guiding questions may include: <ul style="list-style-type: none"> What inspired you to collect these specimens. Challenges encountered when collecting the specimens. How were the specimens collected. How long did you take to collect the collection. Name one way to grow your collection (e.g. by trading). Do you know of anyone with a similar collection. What do you do have duplicates in your collection.
Home	Cook 	<ol style="list-style-type: none"> Plan a healthy-balanced meal (meal to include a drink, main, dessert/fruit) using the chart provided. Create a recipe, stating: <ol style="list-style-type: none"> Ingredient list. Step-by-step process. Hygiene and safety precautions. Try out the recipe*. Make scones or small cakes (a packet mix may be used). Make a drink (e.g. Milo, fruit juice or beverage that can be served in a proper tea set, without using 3-in-1 or 2-in-1 sachets). Know some of the food allergens (e.g. nuts, food colourants, eggs). <p>*Brownies may submit a video of them cooking to demonstrate that they are able to cook.</p> <p>See Fine Dining.</p>




Brownie Proficiency Badges _ UD 5 Jan 2021





<p>Personal & Social Development</p>	<p>Craft</p> 	<ol style="list-style-type: none"> Complete either one of the following: <ol style="list-style-type: none"> Create a picture not less than A4-sized using a variety of materials and methods*. Make a useful model/product using a variety of materials and methods*. <p>*Materials and methods include:</p> <ul style="list-style-type: none"> Natural materials, cloth, felt, wool, card, papier-mâché, clay, recycled materials, etc. Tie-dyeing, vegetable printing, stencilling, origami, string craft, weaving, jewellery making, etc. <ol style="list-style-type: none"> Share with your tester/Pack the use/purpose of the item that you have created.
<p>Personal & Social Development</p>	<p>Cyclist</p> 	<ol style="list-style-type: none"> Demonstrate how to ride a bicycle and apply brakes accordingly. Be able to cycle for 2km without falling off the bicycle. Show how to clean and oil the bicycle, pump up the tires and adjust the seat. Be able to explain: <ol style="list-style-type: none"> Road safety rules to be observed by cyclists. How to prevent injury and harm while riding the bicycle. <p>Note: Brownies may submit a video of them cycling to demonstrate that they are able to ride a bicycle.</p>
<p>Personal & Social Development</p>	<p>Dancer</p> 	<ol style="list-style-type: none"> Learn a dance routine. Complete one of the following: <ol style="list-style-type: none"> Use a dance to tell a story. Choreograph a dance to your favourite song. Perform for any school event/campfire/Pack Holiday/division or national level activity (e.g. Brownie Revel). <p>Note: Brownies who attained Grade 3 or equivalent in ballet or other types of dance may be exempted from clauses 1 and 2. However, a certificate must be provided to show Brownie's certification of her Grade Level.</p>
<p>Personal & Social Development</p>	<p>Dental Care</p> 	<ol style="list-style-type: none"> Demonstrate correct tooth-brushing and flossing technique. Know what plaque disclosing toothpaste is, its purpose and how to use it. Name six kinds of food which are damaging to your teeth. Visit a dentist or school dental therapist for a check-up. <p>Note: Guiders may invite the school dental therapist to demonstrate the correct techniques prior to testing the Brownies.</p>
<p>Personal & Social Development</p>	<p>Entertainer</p> 	<ol style="list-style-type: none"> Engage an assigned audience* for at least 10 minutes, in one of the following ways, either on your own, or in a group, such as your Pack/Six: <ol style="list-style-type: none"> Dress up and act or mime or use puppets to illustrate a well-known story or an event from history. Telling a Story (with actions). Choreograph a performance with two of the following elements: <ol style="list-style-type: none"> Play a simple piece of music. Dance to a piece of music. Sing with or without accompaniment. Perform a show and tell with self-made props. <p>*Activity must be relevant, appropriate, and engaging for the audience; audience need not be of a big group and can be their peers/schoolmates or fellow Brownies.</p> <p>Note: This badgework can be completed when Brownies visit Old Folks' Home/Children's Home/Preschools, at camps, etc.</p>

Outdoor	<p>Environmentalism</p> 	<ol style="list-style-type: none"> 1. Think of five ways your family can conserve water. Try them and share your methods with a friend or your Six. 2. Make a list of ways you and your family can save energy. Be able to discuss the list with your Brownie Leader/tester. 3. Complete one of the following: <ol style="list-style-type: none"> a. Take part in a clean-up project in your community. Keep track of the amount and kinds of litter. b. Think of an environmental problem and brainstorm solutions to resolve it (e.g. ways to dispose drink cartons). c. Create a poster to show what happens to trash in Singapore and suggest ways to reduce trash (Brownies should be able to highlight the incineration process and the 3Rs and upcycling and educate their peers on what should go into the recycling bins).
Community	<p>First Aider</p> 	<ol style="list-style-type: none"> 1. Attend a First Aid course conducted by a certified First Aider (e.g. Guider, PE Teacher, or external vendor) and be able to demonstrate the following: <ol style="list-style-type: none"> a. Show how you would clean and put a dressing on a grazed knee and cut finger. b. Know how to treat simple burns and scalds. c. Know how to use a bandage to stop bleeding from cuts. d. Show how you would stop bleeding from the nose. e. Show how to use your scarf as an arm sling. f. Know how to treat a bug bite, bee sting, sunburn, or rash. 2. Demonstrate the ability to maintain a first aid kit (e.g. check for expiry of items).
Outdoor	<p>Gardener</p> 	<ol style="list-style-type: none"> 1. Cultivate and keep tidy a garden or a pot of plant (including terrariums, vegetable cuttings, seeds) for a month. <ol style="list-style-type: none"> a. Create a poster (with photographs of your plant) to show its growth and what it takes to maintain it. 2. Complete either of the following: <ol style="list-style-type: none"> a. Create a scrapbook entry of your dream garden using cut-outs (from newspapers and magazines) of pictures of flowers, trees and other plants. b. Visit an outdoor, indoor or landscaped garden. Record three plants from three different habitats. <p>See Gardens Interest (GBTB).</p>
Personal & Social Development	<p>Hostess</p> 	<ol style="list-style-type: none"> 1. Complete one of the following: <ol style="list-style-type: none"> a. Write an invitation to invite someone for tea. b. Make a thank you gift for your guest. 2. Practise conversation starters. Make a list of ten great questions to start a conversation and roleplay them with your Pack/Six. 3. Welcome and look after a guest or guests either in your own home or at a party or a suitable Brownie event and provide and serve refreshments*. <p>Note: Brownies who served at home or at a party may submit a video to show that they have completed Clause 3. Brownies who have helped as hostesses at school events (e.g. Sports Day, Prize Presentation Ceremony, School Immersion Programmes) can be awarded this badge without having to complete the clauses.</p> <p>See Fine Dining.</p>







Brownie Proficiency Badges _ UD 5 Jan 2021


Home	<p>House Orderly</p> 	<ol style="list-style-type: none"> Do one of the following: <ol style="list-style-type: none"> Clean a toilet bowl. Clean a bath or basin. Tidy and clean up your room. Make your bed. <p>Note: Brownies should be able to do Clauses 1 to 3 regularly for a month and be ready to present a scrapbook with photographs and their completed chore chart to show what they have done or can do. The chart should be endorsed by parent/family member.</p>
Home	<p>Knitter</p> 	<ol style="list-style-type: none"> Knit or crochet* two of the following: <ol style="list-style-type: none"> A square dishcloth. A scarf. A round coaster. An accessory (e.g. a necklace, a bracelet, or a brooch). <p>*Brownies are also allowed to knit or crochet using their fingers, i.e. finger knitting or finger crocheting or using knitting/crocheting tools/gadgets.</p> <p>Note: Brownies are allowed to do the articles at home, but need to submit a video of their process to demonstrate that they are able to knit or crochet.</p>
Personal & Social Development	<p>Music Lover</p> 	<ol style="list-style-type: none"> Learn two pieces of music, one by a classical composer and one by a modern composer. Read music at sight. Perform with a musical instrument (voice included) for any school event/campfire/Pack Holiday/division or national level activity (e.g. Brownie Revel). <p>Brownies who have attained a Grade 3 in any musical instrument may be exempted from clauses 1 to 3 above. However, a certificate must be provided to show Brownie's certification of her Grade Level.</p>
Home	<p>Needlework</p> 	<ol style="list-style-type: none"> Make an item (e.g. pouch) using the three basic stitches: <ol style="list-style-type: none"> Backstitch. Running Stitch. Basting Stitch. <p>Note: Brownies to be able to demonstrate the stitching to their tester on the spot (when tested).</p>
Outdoor	<p>Observer</p> 	<ol style="list-style-type: none"> Observe the appearance and know the names of three of the following*: <ol style="list-style-type: none"> Five animals OR Five birds OR Six flowers or vegetables OR Six trees or shrubs. Be able to tell the tester something about each of the animals or plants you have observed, such as: <ol style="list-style-type: none"> Name (Common and/or Scientific). Characteristics (e.g. colour, size, category). An interesting fact about the animal/plant observed. Play Kim's Game, (be able to identify 24 out of the 30 items given 1 minute to observe). <p>Note: Brownies may use mobile applications and search engines to gamify their observation tasks, e.g. scanning QR Codes at parks, or taking pictures of plants and finding information about it on the web (using Bing Visual Search - https://youtu.be/YAjUX-Px6Yc).</p>

<p>Outdoor</p>	<p>Pathfinder</p> 	<ol style="list-style-type: none"> 1. From your own home or your Pack meeting place: <ol style="list-style-type: none"> a. Know the easiest and quickest way you can get to the Guide House and one other place of interest with the help of Google Maps: <ol style="list-style-type: none"> i. Walking directions. ii. Public transport to take. b. Be able to give clear directions politely and distinctly, to a person asking the way to any of these places with the help of Google Maps: <ol style="list-style-type: none"> i. Police station or Neighbourhood Police Post. ii. Hospital/clinic. iii. Nearest MRT/LRT station. iv. Nearest bus interchange. 2. Be able to recognise road signs that they encounter on the journey (e.g. No Trespassing, Danger)
<p>Outdoor</p>	<p>Pet Lover</p> 	<ul style="list-style-type: none"> • For pet owners*: <ol style="list-style-type: none"> 1. Look after your pet for at least one month. 2. Create a scrapbook with the following: <ol style="list-style-type: none"> a. A list of factors to consider before deciding to own a pet. b. A one-month record** showing how you cared for your pet, indicate your observations about your pets: <ol style="list-style-type: none"> i. Habits (Daily diet, play). ii. Care (Grooming). iii. Costs (For food, care, purchases, or visits to the Vet). iv. Other things of interest (e.g. food to avoid, litter box training, right way to pick up pet, recognising signs of anxiety). c. Bring a photo of your pet and do a show and tell. • For non-pet owners: <ol style="list-style-type: none"> 1. Visit the SPCA. 2. Create a photo collage of your visit. 3. Do a show and tell on: <ol style="list-style-type: none"> a. Adoption of pet. b. Why do people abandon pets. <p>1. Note: Brownies who are volunteering at an animal shelter for at least twice a month, for 3 months, may be exempted from clauses 1 to 2 for pet owners and clauses 1 to 3 for non-pet owners. However, a letter must be provided to show Brownie's involvement at the shelter.</p> <p>*Brownies need not be the owner of the pet in order to complete a clause; they can help to take care of a friend's/family's.</p> <p>**Charts provided to be attached in the scrapbook to show how the pet was cared for in that month.</p>
<p>Outdoor</p>	<p>Pony Rider</p> 	<ol style="list-style-type: none"> 1. Participate in a stable experience or tour* and complete either of the following: <ol style="list-style-type: none"> a. Learn about safety around horses: <ol style="list-style-type: none"> i. How to lead ponies safely within the riding arena. ii. How to mount/dismount correctly. b. Learn about the care and dietary needs of the pony: <ol style="list-style-type: none"> i. How to, and what to feed a pony. ii. How to groom a pony. <p>*A stable experience or tour must include a pony ride.</p> <p>Note: Interested Guiders may contact Gallop Stable to enquire, more information can be found here.</p>

<p>Personal & Social Development</p>	<p>Proficient Reader</p> 	<ol style="list-style-type: none"> Keep a record of the twelve books you have read within the year in the reading log provided. Brownies must be able to tell the tester about her favourite: <ol style="list-style-type: none"> Genre of books. Author/Illustrator. Character from a book. Do a five-minutes sharing with the Pack/schoolmates to promote a book she will like her Pack to read and how she thinks it will benefit them. She may use this book review template to guide her. Participate in a session to promote book reading habits (e.g. show and tell/ book exhibition).
<p>Community</p>	<p>Road Safety</p> 	<ol style="list-style-type: none"> Know and be able to demonstrate the rules for the following clauses: <ol style="list-style-type: none"> How to cross the road: <ol style="list-style-type: none"> Kerb Drills. Traffic Lights. all available types of crossings (e.g. Zebra, Overhead Bridge, Underpass). crossing near stationary vehicles. (i.e. Do not cross). Other safety tips (e.g. Paying attention, no jaywalking, no dashing). Know where to play safely (i.e. not near roads, footpaths). Know the safety measures to be taken by a passenger in public transport and private vehicles. Put up a booth to promote road safety. <p>Note: A certificate from the Road Safety Park will qualify Brownies for the above badge.</p>
<p>Community</p>	<p>Safety in the Community</p> 	<ol style="list-style-type: none"> Go through the SGsecure resources: https://www.sgsecure.sg/ <ol style="list-style-type: none"> About SGSecure App: https://www.youtube.com/embed/9Y6SvqXe7IA?wmode=transparent Run, Hide, Tell: https://www.youtube.com/embed/NL96sHr75LA?wmode=transparent Press, Tie, Tell: https://www.youtube.com/embed/wEt1o5cYtvs?wmode=transparent Do not spread rumours, Care for Others: https://www.youtube.com/embed/W9BgHkpMACK?wmode=transparent Improvised First Aid Skills (IFAS) https://www.youtube.com/embed/cU18Fu4rXH4?wmode=transparent Emergency Preparedness Day: https://www.youtube.com/watch?v=nCtKGrJQ7swhttps://www.youtube.com/embed/AgKiRfiJYZA?wmode=transparent Create a poster to share with your Pack/Six on what to do in the time of an emergency (e.g. fire, accident, terrorist attack).
<p>Personal & Social Development</p>	<p>Singer</p> 	<ol style="list-style-type: none"> Able to sing these songs well*: <ol style="list-style-type: none"> World Song (first verse). One camp song with actions (e.g. Gako the Frog, Guiding Light, I've Got the BP Spirit, Adiji Yell). Two other Guiding songs (e.g. Thinking Day Song, Welcome Song, Go Well and Safely, Brownie Smile). One song in another language. <p>*Singing well could refer to being able to sing in tune, in time, having good pronunciation and using vibrato wisely.</p> <p>Brownies who have attained a Grade 3 in singing may be exempted from the clause above. However, a certificate must be provided to show Brownie's certification of her Grade Level.</p>

Brownie Proficiency Badges _ UD 5 Jan 2021

<p>Personal & Social Development</p>	<p>Skater</p> 	<ol style="list-style-type: none"> 1. Applies to inline skating, rollerblading, or ice skating. 2. Know about skates and maintenance of skates. 3. Show that she is aware of the safety precautions. 4. Skate forward and backward in good style. 5. Know how to break a fall and get up from a fall. <p>Note: Tester can verify through a video that the Brownies are able to carry out the requirements.</p>
<p>Personal & Social Development</p>	<p>Songwriter</p> 	<ol style="list-style-type: none"> 1. Complete one of the following: <ol style="list-style-type: none"> a. Make a short anthem for your Pack/Six. b. Modify lyrics to a song (with appropriate words). 2. Either create a performance using your new composition, or perform a melodic composition created using applications such as GarageBand.
<p>Personal & Social Development</p>	<p>Swimmer</p> 	<ol style="list-style-type: none"> 1. Attain the SwimSafer Bronze qualification: <ol style="list-style-type: none"> a. Resurface and exit safely from the pool. b. Swim 100m continuously, showing four different swimming strokes. c. Tread water for 2 minutes. d. Throw a flotation aid to a partner 2m away and instruct your partner to kick to the edge. <p>Note: Brownies may submit a video of them completing the qualification to demonstrate that they are able to swim.</p>
<p>Personal & Social Development</p>	<p>Thrift</p> 	<ol style="list-style-type: none"> 1. Track your weekly allowance, spending and savings for a month in the tracker provided. <ol style="list-style-type: none"> a. Categorise spending into needs and wants (Brownies to suggest examples of wants if not reflected in the tracking). 2. Set a target (month/year) to save* and explain what you need to do to achieve this target. <p>*Brownies may choose to include monetary gifts they received (for birthdays, holidays) in their target savings.</p> <p>Note: The tracker should be endorsed by parent/family member.</p>
<p>Home</p>	<p>Toy Maker</p> 	<ol style="list-style-type: none"> 1. Make one of the following: <ol style="list-style-type: none"> a. A toy out of recycled materials. b. A toy for your pet. c. A musical instrument out of recycled materials. 2. Be able to describe the safety precautions for the item made (e.g. not suitable for children under 3 years as the toy may contain small parts that represent a choking hazard). <p>Note: Brownies are allowed to do the articles at home but need to submit a video of the process to demonstrate that they made the toy.</p>
<p>International</p>	<p>World Brownie Friendship</p> 	<ol style="list-style-type: none"> 1. Do a scrapbook showing the following: <ol style="list-style-type: none"> a. WAGGGS: <ol style="list-style-type: none"> i. What WAGGGS stands for. ii. List the five regions. iii. Name the five world centres. b. 5 Member Organisations: <ol style="list-style-type: none"> i. Pick one country from each region and share about: <ul style="list-style-type: none"> • Country flag. • National costume/flower/animal/food. • Girl Guide/Girl Scout/Brownie (or equivalent) uniform. • A unique guiding song of the country. • Brownie Promise and Law.

<p>Personal & Social Development</p>	<p>Writer</p>  <p>The badge is a dark brown triangle with a gold border. At the top, the words "BROWNIE GUIDES" are written in gold. Below this, there is a white banner with a gold border containing the word "ALASKA" in gold. Underneath the banner is a white silhouette of a mountain range with a yellow sun or moon rising behind it.</p>	<ol style="list-style-type: none">1. Write an original story of at least 150 words:<ol style="list-style-type: none">a. Story should not be a composition written for school.2. Complete either of the following:<ol style="list-style-type: none">a. Write a one-page report/article for a Brownie event that you have attended (e.g. campfire/Pack Holiday/division or national level activity, such as Brownie Revel). Article could include what you have learned at the event or your experience.b. Write a one-page article about your Pack activities, or why should girls join Brownies. <p>Note: Guiders to submit articles for Clause 2 to HQ.</p>
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