



Dear Parents,

As part of GGS's focus for the year, we want to empower each girl to promote inclusiveness and bonding across people of different backgrounds, generations, and abilities. Through simple acts of kindness, we believe that Girls can contribute to reducing inequalities, and be the bridge to a group of invisible heroes - workers in professions often taken for granted.

We want to implore our Girls to show appreciation to the often-forgotten workers in the frontline. To facilitate conversations, we have put together some stories shared by these workers in these YouTube Playlists:

https://www.youtube.com/playlist?list=PLC2VBXomDwnGrgelfhz_Etv4BT16u8_D
(For Brownies)

<https://www.youtube.com/playlist?list=PLC2VBXomDwnEvhuM9oe9sQZYXEmO0sF3Y>
(For Guides)

Together with your child, explore and discuss some of these questions:

- For our Younger Girls:

What are the little actions we can take to show appreciation to these workers?

Pro Tip 1: Nominate your child to help with household chores for a week and ask them to share their feelings.

Pro Tip 2: Role play situations where people do not show respect to these workers (e.g. by calling them names such as "slow" or ignoring them) and ask your child to demonstrate the correct actions that should be done.

- For the Older ones:

How can we prevent an 'Us' vs. 'Them' mentality, i.e. how can we stop ourselves from categorising people into groups?

Pro Tip: Challenge the family to think about common things you might share with other people (e.g. hobbies, interests, favourite food, music or colour) instead of what they own or how they look.

Our physical interactions may be limited by the current Covid-19 situation, but that should not stop us cheering on those working at the frontline:

1. Participate in our ongoing [#GuidesForInclusion](#) activity - pen your thoughts, gratitude and encouragement for any individual (or groups) working in essential services to show your support for them! (Template available [here](#)).
2. Embark on the Circuit Breaker Badges and continue your Guiding Journey, in the comfort of your home. Share with us what you do as a [#stayhomeBrownie](#) or [#stayhomeGuide](#)!
3. Our [Community Art Drive](#) ended on 30 May - Keep a lookout for submitted works of art telling the stories of our healthcare heroes. Like and share these to energise the heroes who are working tirelessly to ensure our safety!

Together, we can play a part in recognising their work and closing the gap.

