

MAPPING OF GIRL GUIDE'S PROGRAMME TO NYAA

S/N	NYAA	GIRL GUIDE PROGRAMME
1.	<p>There are three levels in the NYAA Programme:</p> <p>Bronze For those who are 13 and under 30 years old (Minimum period of involvement: 6 months)</p> <p>Silver For those who are 15 and under 30 years old (Minimum period of involvement: 12 months)</p> <p>Gold For those who are 16 and under 30 years old (Minimum period of involvement: 18 months)</p>	<p>Guides can start applying at the various age groups:</p> <ul style="list-style-type: none"> - For those who are 13 years old - For those who are 15 years old - For those who above 16 years old (including YAs)
2.	<p>For each level, participants have to complete the requirements of each of the three components:</p> <p>Service Learning (Touching Lives, Making a Difference) Aim: To learn how to give useful service to others in the community and to understand the meaning behind voluntary service.</p> <p>Outdoor Appreciation (To be at Ease with Nature) Aim: To be at ease with nature and develop stewardship for our environment</p> <p>Healthy Living (Physical and Mental Wellness) Aim: To develop physical and mental wellness through healthy living</p>	<p>Enrolled Guides may work on selected modules from The 5-Point Programme and/or the Proficiency Badges that are similar to the requirements of NYAA's.</p>
3.	<p>For GOLD level, participants have to complete a fourth component:</p> <p>Community Leadership Initiative (Creating and Impact, Delivering Change) Aim: To build leadership skills while serving the needs of the community.</p>	<p>For Young Adults to initiate a project</p>

SERVICE LEARNING

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1.	<p>Aim: To learn how to give useful service to others in the community and to understand the meaning behind voluntary service.</p> <p>This component recognises young people’s development as socially responsible citizens who understand the issues faced by the community and explore how they can contribute actively to find a solution. They can choose to undertake a Values-In-Action project or any community service projects of their interest.</p>	<p><u>5-Point Program</u></p> <p>Community Module Three: Service to Others Planning and Carrying out a service to an eldercare/children’s home</p> <p>Outdoor Module Two: Be an Agent of Change Participating in Conservation Projects</p> <p><u>Proficiency Badges</u></p>
2.	<p>CONDITIONS:</p> <p>BRONZE: At least 20 hours of regular activities spread over a minimum period of 4 months</p> <p>SILVER: At least 40 hours of regular activities spread over a minimum period of 8 months</p> <p>GOLD: At least 60 hours of regular activities spread over a minimum period of 12 months</p>	<p>Disability Awareness, Friends to Animals, Friends to the Hearing Impaired, Friends to the Visually Impaired, Language (For the Deaf), Social Action, Singapore Kindness (GOLD)</p> <p><u>President Guide Award</u></p> <p>(Pre-requisite) The Project – complete either of the following:</p> <ul style="list-style-type: none"> • plan and execute a self-initiated community service project with a non-profit organisation • advocate for a cause that the girl is passionate about where the Guide is expected to plan and execute activities <p>The project should span at least 10 hours of execution over a period of 6 months.</p>

OUTDOOR APPRECIATION

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1.	<p>Aim: To be at ease with nature and develop stewardship for our environment</p> <p>Outdoor learning supports the development of confidence building as young people are placed in unfamiliar environments outside of the classroom. It also develops young people’s problem-solving skills, enhances teamwork, strengthens understanding of the natural environment and inculcates in young people a sense of stewardship for our environment.</p>	<p><u>5-Point Program</u></p> <p>Outdoor Module One: Outdoor Experiences Camping the Guides Way</p> <p><u>Proficiency Badges</u></p> <p>Camper (Beginner), Camper (Intermediate), Camper (Advanced)</p>
2.	<p>CONDITIONS:</p> <p>BRONZE: At least 15 hours of outdoor activities with a specific learning goal.</p> <p>SILVER: At least 24 hours of outdoor activities with a specific learning goal.</p> <p>GOLD: At least 36 hours of outdoor activities with a specific learning goal.</p>	<p><u>President Guide Award</u></p> <ul style="list-style-type: none"> • (Pre-requisite) Organised a 3day2night camp • Planning and Organisation Test

HEALTHY LIVING (Physical and Mental Wellness)

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1.	<p>Aim: To develop physical and mental wellness through healthy living</p> <p>Healthy living aims to develop and maintain a healthy lifestyle that allows us to get through our daily activities. It also hopes to develop a healthy body and mind. Our behaviour has a significant impact on our wellness and adapting healthy habits with a balanced diet and exercise while avoiding destructive habits such as tobacco, drugs and alcohol will improve both our physical and emotional well-being.</p>	<p><u>5-Point Program</u></p> <p>Outdoor Module Three: Outdoor Pursuits Participate in Outdoor Activities</p> <p><u>Proficiency Badges</u></p> <p>Agility, Athlete, Bird Watcher, Cyclist, Footdrill, Gymnast, Health, Hiker (Beginner), Hiker (Intermediate), Hiker (Advanced), Horsewoman, Rock Climbing, Swimmer, Rescuer,</p>
2.	<p>CONDITIONS:</p> <p>BRONZE: At least 24 hours of regular activities spread over a period of 6 months.</p> <p>SILVER: At least 32 hours of regular activities spread over a period of 12 months.</p> <p>GOLD: At least 48 hours of regular activities spread over a period of 18 months.</p>	