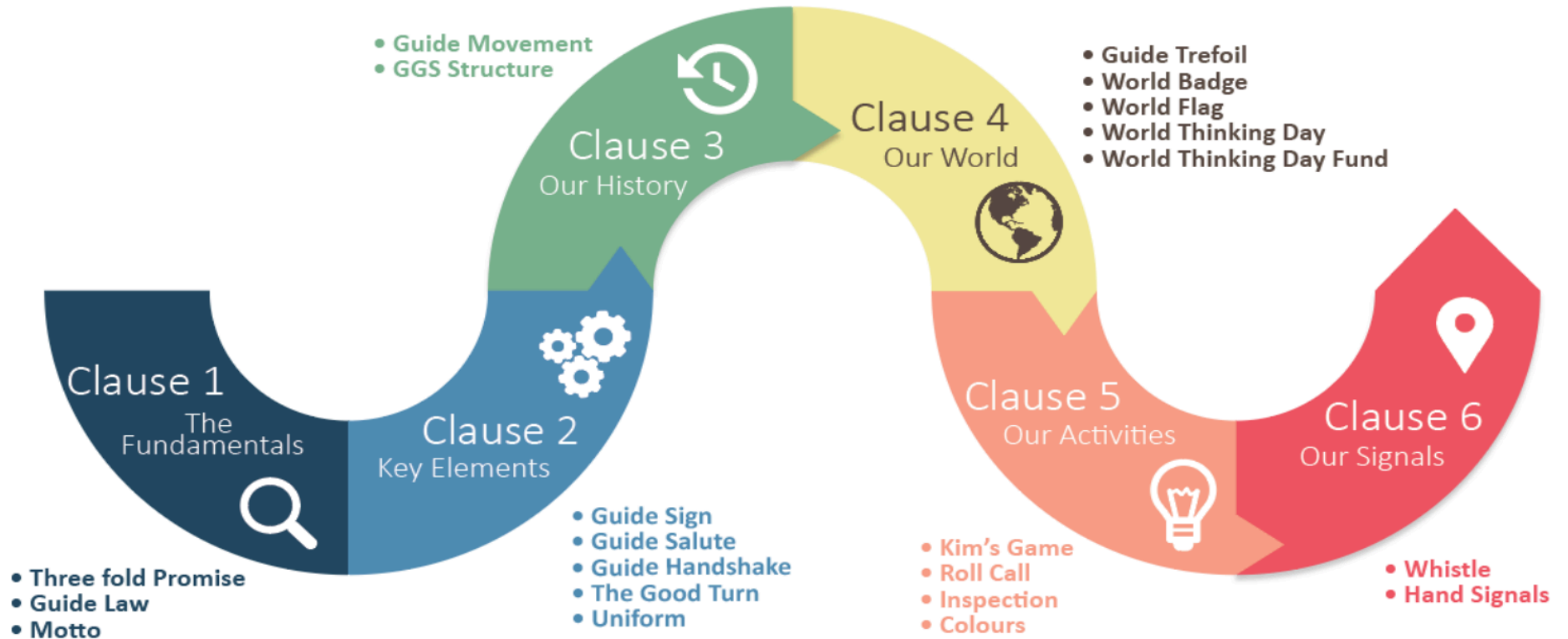


Girl Guides Singapore | Enrolment Clauses



Girl Guides Singapore Online Handbook

For Guiders: Enrolment Learning Objectives with Supporting Information

No	Clauses
1 The Fundamentals	Describe and understand the Three-fold Promise, the Guide Law and the Motto.
2 Key Elements	2.1 Understand the meaning of the Guide Sign, the Guide Salute and the Guide Handshake. 2.2 Understand the meaning of the Good Turn. 2.3 Know how to wear the uniform correctly.
3 Our History	Know briefly: 3.1 How the Guide Movement began 3.2 The growth and structure of Girl Guides Singapore (GGS).
4 Our World	Know the meaning of: 4.1 The Guide Trefoil, the World Badge, the World Flag; 4.2 Thinking Day and Thinking Day Fund.
5 Our Activities	Participate in: 5.1 Kim's Game; 5.2 The following Ceremonies - Roll Call, Inspection, Colours, Enrolment
6 Our Signals	Know the whistle and hand signals.

Girl Guides Singapore 5-Point Programme Module Overview



To gain the **Guide Bronze Award**, a Guide is required to complete any one module from each point.

To gain the **Guide Silver Award**, a Guide is required to complete a second module from each point.

When a Guide has completed all the 15 modules, she will gain the **Guide Gold Award**.

A Guide may work for her **Proficiency Badges** after she have been enrolled.

A Guide may also work on the **Baden-Powell Award** and **President Guide Award** when she has gained her Guide Silver and Gold Award respectively.

Module	Clause	Learning Objectives
Personal and Social Development	Module 1: Physical Development: Personal Care	
	1.1 Hygienic Me	Understand one's personal hygiene and caring for the body. Recall the seven steps to proper handwashing techniques.
	1.2 You are What You Eat	Explain the importance of a balanced diet.
	1.3 Staying Fit	List three good habits to stay healthy and fit.
	1.4 Keep the Diseases at Bay	Describe two health related diseases and list two preventive ways that you can do to prevent common illnesses.
	1.5 A Balanced Lifestyle	Plan a week of activities and explain if the activities follow a balanced lifestyle.
	Module 2: Emotional Development: Emotional Quotient	
	2.1 All About You	Describe three good qualities that you have and reflect on how you would use these qualities to do good.
	2.2 Developing Self-control	List three ways to control your emotions. Identify three strategies each to control stress, anger and depression.
	2.3 Understanding the Self	Discuss your own strengths and weaknesses. Set goals to develop your own strength and correct your weaknesses.
	Module 3: Social Development - Social Skills	
	3.1 Explore the Arts	Explore the Arts: the Literary Arts, the Performing Arts, the Visual Arts. Express yourself, working on one of them.
	3.2 Conducting Your Best Self	Demonstrate good deportment and posture and be able to speak and conduct yourself properly in public. Demonstrate the appropriate attire and table etiquette for various occasions.
	3.3 Perfect Your Presentations	Be able to speak before a group.
	3.4 The Art of Communicating	Describe the various ways of verbal and non-verbal communication.
	3.5 Leadership	Be able to explain the different leadership styles. Be a leader for any event/project.
	3.6 Think Critically	Describe the basic critical thinking skills and explain how you can develop such skills.
	3.7 Surf Safely	Acquire skills for cyber safety.
3.8 Decision Making	Describe the decision making process and explain how you can improve your daily decision making skills.	
Home	Module 1: Home	
	1.1 Cooking for the Family	Plan and cook a simple balanced meal for a family of 5 (including an elderly). Identify the different clothes material and differentiate the different washing methods.
	1.2 Washing for the Family	Describe the steps of family washing. Iron a blouse/shirt with a steam iron. Make a simple repair to a torn cloth and sew a button on a blouse.
	1.3 The Stain Master	Differentiate the different types of stains and remove a stain on an object (carpet, clothes, wall or furniture).
	1.4 Keeping Your Home Tidy and Clean	Keep the house clean and tidy and describe tips on cleaning the house more efficiently. Differentiate the four different types of cleaning agents (abrasive, glass cleaner, all-purpose cleaning agent and disinfectant).
	Module 2: Household	
	2.1 Safety First	Discuss safety devices and measures in the home. Locate water, gas and electric mains. Know how to operate them.
	2.2 Safety Hazards at Home	Identify hazards at home including fire, haze, mosquito breeding areas.
	Module 3: Thrift	
	3.1 Simple Repairs	Make a simple repair in the home (eg changing bulb, repairing pot/pan handles, repairing a tear on clothes).
	3.2 Recycling or Reusing Materials	Understand more about the recycling process in Singapore. Make an article by recycling or reusing materials.
	3.3 Being Thrifty at Home	Discuss ways to be thrifty in the use of money, utilities, food and time.
Community	Module 1: Knowledge Of Community	
	1.1 Our Singapore Government	State your Member of Parliament (MP) and Constituency. Describe the Singapore Parliamentary system and the role of MPs.
	1.2 Navigate Your Way	Describe how to use the street directory, phone applications, or GPS to give clear directions to a given place in the neighbourhood.
	1.3 Caring for Public Property	Show care for public property (school/neighbourhood) in a weekly journal for two weeks.
	Module 2: Emergency Preparedness	
	2.1 Preparing for Emergency	Describe how to deal with fire, electrical and gas accidents.
	2.2 Preparing for First Aid	Prepare a First Aid kit and know how to render basic first aid.
	2.3 Using AED	Demonstrate how to use the AED and identify the location of the AED in your school and neighbourhood.
	2.4 Stay Alert, Stay United and Stay Strong	Describe the core pillars of SG secure.
	Module 3: Service To Others	
3.1 Service to Others	Plan and carry out a service (at least four 1-hour sessions) to an eldercare or children's home or hospital. Keep a journal and reflection of the service.	
Outdoor	Module 1: Outdoor Experiences	
	1.1 Camping Galore	Pitch, strike and pack with other Guides a canvas tent. Make at least three of the following gadgets: clothes line, shoe rack, baggage rack, kitchen dresser, fire altar, work table. Light a fire out of doors using natural materials and cook on it. State the safety precautions in handling an axe and chop a piece of wood.
	1.2 Camping the Guides Way	Participate in a Guide camp under tent for at least two nights and three days. The Guide camp should include constructing simple gadgets, camp cooking and having a campfire.
	Module 2: Understanding The Environment	
	2.1 Get to Know the Local Flora and Fauna	Identify five local flora and fauna.
	2.2 Observing the Local Flora and Fauna	Observe closely one local flora and fauna in your local environment.
	2.3 Be an Agent of Change	Identify a conservation issue in the world and participate in one conservation project.
	2.4 Map the Way	Describe how to use Google Map/GPS/any other device to give clear directions to a given destination in Singapore.
	Module 3: Outdoor Pursuits	
	3.1 Enjoying the Outdoors	Participate in any two of outdoor activities eg backwoodsman cooking, kayaking, campfire, cycling, hiking, orienteering, wide game, etc.
International	Module 1: My Globe	
	1.1 Supporting the UN for Sustainable Development Goals	Discuss any two UN Sustainable Development Goals (SDGs).
	1.2 Singapore's Contribution to SDG	Discuss a current world issue/event that affects Singapore.
	Module 2: My Guiding World	
	2.1 Proud to be a part of WAGGGS	State your Unit, Division and Region in WAGGGS. Describe the organisation structure of Girl Guides Singapore. Describe the structure of the WAGGGS movement.
	2.2 Flying the World Flag	Describe the flag etiquette at Guide events.
	2.3 Procedures for Colour Party	Participate in a ceremony involving the use of World Flag.
	2.4 A Journey through the World Centres	Describe the historical significance, unique programmes and activities of each World Centre.
	Module 3: My Guiding Friend	
	3.1 Guiding Around the World	Describe the similarities and differences in Guiding programmes between Australia, Finland and Singapore.
3.2 Hosting a Fellow Guide from Another Country	Describe how to host or participate in hosting a Guide from a member country.	

Girl Guides Singapore Online Handbook

For Guiders: Enrolment Clauses with Supporting Information

No	Clauses	Supporting Information (other than Online Handbook)
1 The Fundamentals	Describe and understand the Three-fold Promise, the Guide Law and the Motto.	Old Guide HB Page 16 to 22
2 Key Elements	2.1 Understand the meaning of the Guide Sign, the Guide Salute and the Guide Handshake. 2.2 Understand the meaning of the Good Turn. 2.3 Know how to wear the uniform correctly.	Old Guide HB Page 23 to 26
3 Our History	Know briefly: 3.1 How the Guide Movement began 3.2 The growth and structure of Girl Guides Singapore (GGS).	Old Guide HB Page 27 to 34
4 Our World	Know the meaning of: 4.1 The Guide Trefoil, the World Badge, the World Flag; 4.2 Thinking Day and Thinking Day Fund.	Old Guide HB Page 35 to 38
5 Our Activities	Participate in: 5.1 Kim's Game; 5.2 The following Ceremonies - Roll Call, Inspection, Colours, Enrolment	Old Guide HB Page 39 to 46
6 Our Signals	Know the whistle and hand signals.	Old Guide HB Page 47 to 48

Module	Clause	Learning Objectives	Supporting Information (other than Online Handbook)
Personal and Social Development	Module 1: Physical Development: Personal Care		
	1.1 Hygienic Me	Understand one's personal hygiene and caring for the body. Recall the seven steps to proper handwashing techniques.	Personal Hygiene - Old Guide HB Page 56 to 58
	1.2 You are What You Eat	Explain the importance of a balanced diet.	Balanced Diet - Old Guide HB Page 58 to 60
	1.3 Staying Fit	List three good habits to stay healthy and fit.	Healthy exercise habits - Old Guide HB Page 60 to 62
	1.4 Keep the Diseases at Bay	Describe two health related diseases and list two preventive ways that you can do to prevent common illnesses.	Health related diseases - Old Guide HB Page 64 to 65
	1.5 A Balanced Lifestyle	Plan a week of activities and explain if the activities follow a balanced lifestyle.	
	Module 2: Emotional Development: Emotional Quotient		
	2.1 All About You	Describe three good qualities that you have and reflect on how you would use these qualities to do good.	Self Awareness - Old Guide HB Page 73 to 75 Can lead to WAGGGS Free Being Me Badge
	2.2 Developing Self-control	List three ways to control your emotions. Identify three strategies each to control stress, anger and depression.	Stress control - Old Guide HB Page 81 to 82
	2.3 Understanding the Self	Discuss your own strengths and weaknesses. Set goals to develop your own strength and correct your weaknesses.	Understanding self - Old Guide HB Page 75 to 79
	Module 3: Social Development - Social Skills		
	3.1 Explore the Arts	Explore the Arts: the Literary Arts, the Performing Arts, the Visual Arts. Express yourself, working on one of them.	Appreciating the Arts - Old Guide HB Page 83 to 90 Can lead to Dancer Proficiency Badge
	3.2 Conducting Your Best Self	Demonstrate good deportment and posture and be able to speak and conduct yourself properly in public. Demonstrate the appropriate attire and table etiquette for various occasions.	Good deportment and good posture - Old Guide HB Page 69 to 70 Appropriate attire - Old Guide HB Page 71 to 72 Appropriate table manners - Old Guide HB Page 67
	3.3 Perfect Your Presentations	Be able to speak before a group.	Public Speaking - Old Guide HB Page 92 to 93 Can lead to Speaker Proficiency Badge
	3.4 The Art of Communicating	Describe the various ways of verbal and non-verbal communication. Be able to explain the different leadership styles.	Public Speaking - Old Guide HB Page 92 to 93 Leadership skills - Old Guide HB Page 97 to 98 Can lead to Leadership Proficiency Badge
	3.5 Leadership	Be a leader for any event/project.	
	3.6 Think Critically	Describe the basic critical thinking skills and explain how you can develop such skills.	
	3.7 Surf Safely	Acquire skills for cyber safety.	Can lead to WAGGGS Surf Smart Badge
3.8 Decision Making	Describe the decision making process and explain how you can improve your daily decision making skills.		
Home	Module 1: Home		
	1.1 Cooking for the Family	Plan and cook a simple balanced meal for a family of 5 (including an elderly).	Balanced Meal - Old Guide HB Page 101 to 109
	1.2 Washing for the Family	Identify the different clothes material and differentiate the different washing methods. Describe the steps of family washing. Iron a blouse/shirt with a steam iron. Make a simple repair to a torn cloth and sew a button on a blouse.	Washing - Old Guide HB Page 110 to 116
	1.3 The Stain Master	Differentiate the different types of stains and remove a stain on an object (carpet, clothes, wall or furniture).	Stain Remover - Old Guide HB Page 112 to 113
	1.4 Keeping Your Home Tidy and Clean	Keep the house clean and tidy and describe tips on cleaning the house more efficiently. Differentiate the four different types of cleaning agents (abrasive, glass cleaner, all-purpose cleaning agent and disinfectant).	Cleaning - Old Guide HB Page 117 to 119
	Module 2: Household		
	2.1 Safety First	Discuss safety devices and measures in the home. Locate water, gas and electric mains. Know how to operate them.	Safety devices - Old Guide HB Page 131 to 134 Water, Gas and Electrical Mains - Old Guide HB Page 134
	2.2 Safety Hazards at Home	Identify hazards at home including fire, haze, mosquito breeding areas.	
	Module 3: Thrift		
	3.1 Simple Repairs	Make a simple repair in the home (eg changing bulb, repairing pot/pan handles, repairing a tear on clothes).	Repair tear on clothes - Old Guide HB Page 120 to 122
	3.2 Recycling or Reusing Materials	Understand more about the recycling process in Singapore. Make an article by recycling or reusing materials.	Recycling - Old Guide HB Page 123 to 128
	3.3 Being Thrifty at Home	Discuss ways to be thrifty in the use of money, utilities, food and time.	Thrift - Old Guide HB Page 129 to 130
Community	Module 1: Knowledge Of Community		
	1.1 Our Singapore Government	State your Member of Parliament (MP) and Constituency. Describe the Singapore Parliamentary system and the role of MPs.	Can lead to Citizenship Proficiency Badge
	1.2 Navigate Your Way	Describe how to use the street directory, phone applications, or GPS to give clear directions to a given place in the neighbourhood.	Can lead to Map Reader/Pathfinder Proficiency Badge
	1.3 Caring for Public Property	Show care for public property (school/neighbourhood) in a weekly journal for two weeks.	Care for public property - Old Guide HB Pg 206 to 207
	Module 2: Emergency Preparedness		
	2.1 Preparing for Emergency	Describe how to deal with fire, electrical and gas accidents.	Fire, electrical and gas accidents - Old Guide HB Pg 208 to 212 Can lead to Emergency Helper Proficiency Badge
	2.2 Preparing for First Aid	Prepare a First Aid kit and know how to render basic first aid.	First Aid kit - Old Guide HB Pg 226 Can lead to First Aid/Emergency Helper Proficiency Badge
	2.3 Using AED	Demonstrate how to use the AED and identify the location of the AED in your school and neighbourhood.	Can lead to Civil Defence/Fire Fighter Proficiency Badge
	2.4 Stay Alert, Stay United and Stay Strong	Describe the core pillars of SG secure.	
	Module 3: Service To Others		
	3.1 Service to Others	Plan and carry out a service (at least four 1-hour sessions) to an eldercare or children's home or hospital. Keep a journal and reflection of the service.	Service to Others - Old Guide HB Pg 227 to 229
	Outdoor	Module 1: Outdoor Experiences	
1.1 Camping Galore		Pitch, strike and pack with other Guides a canvas tent. Make at least three of the following gadgets: clothes line, shoe rack, baggage rack, kitchen dresser, fire altar, work table. Light a fire out of doors using natural materials and cook on it. State the safety precautions in handling an axe and chop a piece of wood.	Tent Pitching - Old Guide HB Page 171 to 183 Gadgets - Old Guide HB Page 150 to 170 Outdoor Cooking - Old Guide HB Page 118 to 142 Axemanship - Old Guide HB Pg 143 to 149 Can lead to Camper Proficiency Badge
1.2 Camping the Guides Way		Participate in a Guide camp under tent for at least two nights and three days. The Guide camp should include constructing simple gadgets, camp cooking and having a campfire.	Can lead to Camper Proficiency Badge
Module 2: Understanding The Environment			
2.1 Get to Know the Local Flora and Fauna		Identify five local flora and fauna.	Flora and Fauna - Old Guide HB Page 194
2.2 Observing the Local Flora and Fauna		Observe closely one local flora and fauna in your local environment.	Flora and Fauna - Old Guide HB Page 185
2.3 Be an Agent of Change		Identify a conservation issue in the world and participate in one conservation project.	Conservation - Old Guide HB Pg 186 to 187 Can lead to Social Action/Speaker/Environmentalist Proficiency Badge
2.4 Map the Way		Describe how to use Google Map/GPS/any other device to give clear directions to a given destination in Singapore.	Can lead to Map Reader/Path Finder Proficiency Badge
Module 3: Outdoor Pursuits			
3.1 Enjoying the Outdoors	Participate in any two of outdoor activities eg backwoodsman cooking, kayaking, campfire, cycling, hiking, orienteering, wide game, etc.	Outdoor Activities - Old Guide HB Pg 191 to 194 Orienteering - Old Guide HB Pg 202 to 205 Can lead to Cyclist/Hiker/Horsewoman/Map Reader Proficiency Badges	
International	Module 1: My Globe		
	1.1 Supporting the UN for Sustainable Development Goals	Discuss any two UN Sustainable Development Goals (SDGs).	Can lead to Social Action Proficiency Badge
	1.2 Singapore's Contribution to SDG	Discuss a current world issue/event that affects Singapore.	
	Module 2: My Guiding World		
	2.1 Proud to be a part of WAGGGS	State your Unit, Division and Region in WAGGGS. Describe the organisation structure of Girl Guides Singapore. Describe the structure of the WAGGGS movement.	WAGGGS - Old Guide HB Page 241 to 243
	2.2 Flying the World Flag	Describe the flag etiquette at Guide events.	Flag etiquette - Old Guide HB Page 45 to 46, 233
	2.3 Procedures for Colour Party	Participate in a ceremony involving the use of World Flag.	Flag etiquette - Old Guide HB Page 45 to 46, 233
	2.4 A Journey through the World Centres	Describe the historical significance, unique programmes and activities of each World Centre.	World Centres - Old Guide HB Page 246 to 250
	Module 3: My Guiding Friend		
	3.1 Guiding Around the World	Describe the similarities and differences in Guiding programmes between Australia, Finland and Singapore.	
3.2 Hosting a Fellow Guide from Another Country	Describe how to host or participate in hosting a Guide from a member country.	Hosting of a visitor - Old Guide HB Page 236 to 237	