

SUMMARY OF GENERAL CONDITIONS

S/N	NYAA	GUIDES PROGRAMME
1.	<p>There are three categories of Awards:</p> <p>Bronze For those over 14 and under 25 Silver For those over 15 and under 25 Gold For those over 16 and under 25</p>	<p>Guides can start applying at the various age groups:</p> <ul style="list-style-type: none"> - For those over 14 - For those over 15 - For those over 16 (including YAs)
2.	<p>For each Award, participants have to complete the requirements of each of the four sections:</p> <p>Service Aim: To learn how to give useful service to others.</p> <p>Adventurous Journey Aim: To encourage a spirit of adventure and discovery.</p> <p>Skills Aim: To encourage the development of personal interests and practical skills.</p> <p>Physical Recreation Aim: To encourage participation in physical recreation and improvement of performance.</p> <p>At GOLD level, participants have to complete an additional section:</p> <p>Residential Project Aim: To undertake or initiate a project which will serve or have a beneficial impact on the community at large.</p>	<p>Guides are encouraged to participate in NYAA, once they start to participate in the Enrolment Clauses.</p> <p>Enrolled Guides may work on selected modules from The 5-Point Programme and/or the Proficiency Badges that are similar to the requirements of NYAA's.</p>

SERVICE SECTION

S/N	NYAA	GUIDES PROGRAMME	Note
1.	<p>AIM: To learn how to give useful service to others</p> <p>*To make young people aware of the needs of others and the place of voluntary service in our community. *To train young people to give useful service to our community. *To provide young people with opportunities to performing service, with regular commitment and effort.</p>	<p>Point Four: Community Module Three: Service to the Community Care for one of the following for at least four 1-hour sessions: -Elderly; Disabled; Sick; Children</p> <p>Proficiency Badges: Friends to Animals, Friends to the Visually Impaired, Friend to the Hearing Impaired.</p>	<p>5-Point Programme</p> <p>Proficiency Badges Badges of Interest</p>
2.	<p>CONDITIONS:</p> <p>BRONZE: At least 15 hours spread over a period of 3 months</p> <p>SILVER: At least 30 hours spread over a period of 6 months</p> <p>GOLD: At least 60 hours spread over a period of 12 months</p>	<p>PGA: The Service Project Complete the sustained 20-hour community service project as approved by the PGA Committee. This service project should be carried out not earlier than 6 months before application.</p>	<p>PGA</p>
3.	<p>TYPES OF SERVICE: Choose one for this section:</p> <p>Examples: Assisting at a Neighbourhood Police Centre Caring for animals (SPCA, Zoo, Bird Park) Civil Defence Environmental protection and conservation projects Fund-raising projects Helping in a Children's Home Helping in a Nursing Home Helping in a Senior Citizen's Club</p>	<p>Guides in Service: HQ Yeoman services Division Yeoman services School's Community in Service-(CIP): School events-Yeoman services Flag Day Service Learning Activities PNA?</p>	<p>Others</p>

ADVENTUROUS JOURNEY SECTION

S/N	NYAA	GUIDES PROGRAMME	Note
1.	<p>AIM: To encourage a spirit of adventure and discovery</p> <p>*To provide young people with an opportunity to take up a challenge to undertake a venture with a specific purpose, such as participating in an expedition, exploration or other adventurous project.</p> <p>*To develop an awareness of the environment and the importance of protecting it.</p> <p>* To provide opportunities for team-work, self-reliance, determination, co-operation and development of individual qualities.</p>	<p>Point Three: Outdoor Module Three: Enjoying the Outdoors OR Module Two: Exploring the Outdoors (?) 2.3 Participate in one conservation project or know how to conserve a given environment</p>	5-Point Programme
2.	<p>BASIC REQUIREMENTS: Participants must plan, train for, and undertake a venture which involves travel by personal effort with a clearly defined purpose.</p> <p>BRONZE: 2 days outing including 1 night in a tent or shelter, with at least 12 hours of effort or activity</p> <p>SILVER: 3 days outing including 2 nights in a tent or shelter, in unfamiliar surroundings with at least 21 hours of effort or activity.</p> <p>GOLD: 4 days outing including 3 nights in a tent or shelter in remote surroundings with at least 32 hours of effort or activity.</p>	<p>2D1N - e.g. Guide unit camps/ Patrol Leaders Training Camp/ Camp Training (at Camp Christine) - Enrolment camps, School UG camps, school base level camps</p> <p>3D2N - e.g. Guide unit camps at school/Camp Christine - Enrolment camps, School UG camps, school base level camps, Outbound camps & Overseas camps (UG or sch base)</p>	
3.	<p>TYPES OF EXPEDITIONS/EXPLORATIONS: Choose one for this section:</p>		

	<p>Examples of Expeditions: Canoeing Expedition Cycling Expedition Trekking Expedition Mountain Climbing</p> <p>Explorations:</p> <p>Explorations involve less journeying and a greater proportion of time spent on approved, first hand investigations or other specified activities.</p> <p>Explorations have to be undertaken in the context of an Expedition and involve a minimum of 10 hours' journeying.</p>	<p>School base / UG hikes</p>	
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SKILLS SECTION

S/N	NYAA	GUIDES PROGRAMME	Note
1.	<p>AIM: To encourage the development of personal interest and practical skills</p> <p>*To stimulate young people to take up and persevere with satisfying and purposeful pursuits within a wide range of practical, cultural and social activities. *To encourage commitment, effort and perseverance within the young person's own capabilities.</p>	<p>Completion of the Enrolment Clause Point One: Personal and Social Development Module One: Personal Care Module Two: Personal Development Module Three: Social Development</p> <p>Point Two: Home Module One: Housekeeping</p>	<p>Enrolment Clauses</p> <p>5-Point Programme</p>
2.	<p>CONDITIONS:</p> <p>BRONZE: At least 6 months</p> <p>SILVER: 6 months for Bronze Award holders 12 months for Silver direct entrants</p> <p>GOLD: 12 months for Silver Award holders 18 months for Gold direct entrants</p>	<p>Module Two: Thrift Module Three: Household Security/Safety</p> <p>Depending on the skills that they choose, and should it be similar to the requirements of the Proficiency Badges, they should be encourage to do it concurrently. Proficiency Badges: Artist, Cook, Craft, Crime Prevention, Entertainer, First Aid, Fire Fighter, Footdrill, Laundress, Handcraft, Knitter. Knotter, LifeSaver, Naturalist, Photographer, Singer, Entertainer, Carpent, Drancer,cyclist, Swimmer. Toymaker, Speaker etc</p>	<p>Proficiency Badges Badges of Interest</p>
3.	<p>TYPES OF SKILLS PROGRAMMES: Choose one for this section:</p> <p>Examples: Astronomy Writing Ceremonial drills (for UGs) Website Designing Choir Art & Craft Classical guitar – Playing a musical instrument Cookery Debating Drama Languages The above list is not exhaustive. Participants can consider other activities not listed.</p>	<p>Proficiency Badges to qualify for PGA: Pioneer Homemaker Emergency Helper</p> <p>Example of course: - Jewellery making , Batik Painting, handicraft - Camp craft sessions (gadget making, knots & lashes) - Any course related to skill learning</p>	<p>Proficiency Badges for PGA</p>

PHYSICAL RECREATION SECTION

S/N	NYAA	GUIDES PROGRAMME	Note						
1.	<p>AIM: To encourage participation in physical recreation and improvement of performance</p> <p>*To encourage young people to take part in and enjoy physical recreation in the hope that it will lead to a healthy life-long habit.</p> <p>*To encourage self-discipline, perseverance and motivation in the individual.</p>	<p>Participation in school's physical activities.</p> <p>Proficiency Badges: Cyclist, Gymnast, Hiker, Horsewoman, Swimmer</p>	<p>School's sport</p> <p>Proficiency Badges Badges of Interest</p>						
2.	<p>CONDITIONS:</p> <p>BRONZE: At least 20 hours spread over a period of 8 weeks</p> <p>SILVER: At least 30 hours spread over a period of 10 weeks</p> <p>GOLD: At least 40 hours spread over a period of 12 weeks</p> <ol style="list-style-type: none"> 1. Select 1 activity and participate regularly for the required minimum period. 2. Show improvement assessed on the basis of effort, progress and performance. 3. The minimum number of hours required to qualify for the Award is above. 	<p>Example of activities:</p> <ul style="list-style-type: none"> - Archery, Dragon Boating, Rocking climbing course, etc - to conduct 1hr physical recreation activity every week during guides activities <p>eg: badminton, captain's ball, soccer, netball, basketball, etc</p>							
3.	<p>TYPES OF PHYSICAL RECREATION PROGRAMMES:</p> <p>Choose one for this section:</p> <p>Examples:</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Aerobics</td> <td style="width: 50%;">Archery</td> </tr> <tr> <td>Badminton</td> <td>Bowling</td> </tr> <tr> <td>Swimming</td> <td>Tennis</td> </tr> </table>	Aerobics	Archery	Badminton	Bowling	Swimming	Tennis		
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RESIDENTIAL PROJECT (Gold Level Only)

S/N	NYAA	GUIDES PROGRAMME	Note
1.	<p>AIM: To broaden experience through involvement with others in a residential/community setting.</p> <p>The Residential Project should provide young people with the opportunity to develop maturity, leadership and responsibility.</p>	<p>For Guides over 16 and YAs:</p> <p>Organising a Guide camp for the unit, they are attached to.</p>	YAs
2.	<p>REQUIREMENTS:</p> <p>To undertake or initiate a project which will serve or have a beneficial impact on the community at large.</p>	<p>PGA: The Service Project</p> <p>Complete the sustained 20-hour community service project as approved by the PGA Committee. This service project should be carried out not earlier than 6 months before application.</p> <p>Other activities that they participate in school/college/polytechnic/university</p>	PGA